# BEST ROUTES TO SCHOOL



KIDS, BE STREET S.M.A.R.T.

#### SIDEWALKS:

Use sidewalks! Stay on the inside edge and stand away from the edge when you want to cross the street. If there is no sidewalk, walk facing traffic to see oncoming vehicles.

#### MUSIC:

If you are listening to music, remove one earpiece before crossing the street or walking in an unfamiliar neighbourhood.

#### **A**TTENTION:

Watch out for moving vehicles backing out of driveways, back alleys and parking lots.

ROAD CROSSING: Always cross at an intersection or crosswalk. To cross safely, make eye contact with the drivers in all lanes to be sure they are stopped.

### TEAM UP: It is safer and more fun to walk to school with family or friends and good exercise too.

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## Neighbourhood safety tips

#### **TRANSIT**

Transit can be fun. Parents and children can take the bus route together a few times before the kids go solo. Ask the bus driver if you have questions.

#### **SAFETY IN NUMBERS**

Team up with another parent or neighbour to share the responsibilities of walking to and from school. If students are older, encourage them to walk with friends or older siblings.

#### **AWARENESS AND INDEPENDENCE**

Teach your children how to stay safe by identifying friendly neighbours, friends, or safe public places. Warn them about high-traffic areas or corners that might hide hazards.

Exploring and learning about your community and city at a young age are lessons that will last a lifetime.

- When you are out with your family, identify safe places to ask for help. It might be a neighbour's or a friend's house or maybe a safe place you can go.
- If your family uses a safety password, practice and remember that special word.
- Don't ever go anywhere with a stranger.

## Park and walk

Families who are unable to walk all the way can still contribute to improved traffic safety and healthy schools. Park in your school's designated area or park legally on another street away from the school. Walk the last few blocks with your children, allowing them to enjoy a little extra active time outdoors.

Quigley has five suggested park and walk stations within an 8-minute walk to school.

- Hollywood Park
- Hollydell Park
- On-street parking along Matt Road, Quigley Road, and Hollywood Rd.
- On-street parking along Mitchell Road and Thompson Rd.

Watch the Pedestrian Safety tips with your kids!

## S.U.P.E.R bike safety

Practice these bike safety tips at all times when riding your bike!

<u>Signs</u>: Use your hand signals when riding your bike and obey traffic signs.

<u>U</u>se caution: Leave space when riding next to parked cars and watch out for doors swinging open. Wear light or bright-coloured clothing, bike lights and reflectors to be easily seen.

Protection: Wear your helmet when riding your bike - it's the law.

Eye contact: Make eye contact with other road users (drivers and pedestrians) to improve safety for everyone.

<u>Right-hand</u> side: Ride your bike single file and as far to the right-hand side of the road as possible. Use bike lanes if they are available.

## **Driving Awareness**

- Drive lawfully, safely and without distraction.
  Parents have a valuable part to play as role models for their children's future driving behaviour.
- U-turns are illegal in a school zone. They are dangerous and cause many blind spots in an area that may be filled with young walkers and cyclists.
- Don't idle your vehicle. It contributes to poor air quality which negatively impacts young lungs.
   The City of Kelowna is the only city in Central Okanagan with a one-minute Idling Control Bylaw, effective July 25, 2022.
- Avoid parking in bike lanes and obey parking signage. Disconnected cycling routes and obstructed bike lanes can discourage people from choosing cycling as a safe alternative travel mode.
- Use the **Kiss & Drop loop**. This loop is <u>only</u> available in the mornings. <u>Pull to the end of the loop</u> before having students exit the vehicle. Parents must park and walk when picking children up at the end of the school day. Our parking lot is limited.

## Safe Route

Use the proposed Safe Route map on the next page and get to school safely by walking, cycling, in-line skating, or riding a skateboard or a scooter!

